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10-9-01**PROCLAMATION**

WHEREAS, breast cancer is the leading cause of death for women in the United States between the ages of 40 and 55, and every woman is at risk for breast cancer; and

WHEREAS, one woman in eight will develop breast cancer during her lifetime; and

WHEREAS, only 10% of all women with breast cancer have a family history of the disease; and

WHEREAS, eating right and getting regular exercise are the best ways to stay healthy and reduce the risk of major illness; and

WHEREAS, the combination of a monthly breast self-exam, a yearly exam by a health professional and a regular mammogram beginning at the age of 40, is the best way to detect breast cancer in its earliest and most treatable stage; and

WHEREAS, early detection through mammography reduces the risk of developing invasive breast cancer; and

*WHEREAS, over 1,000 uninsured Alexandria women have been afforded mammograms using funds raised by the **Walk to Fight Breast Cancer**, held annually since 1995; and*

*WHEREAS, the Alexandria Office of the City Manager, the Alexandria Office for Women, the Alexandria Commission for Women, the Alexandria Commission on Aging, the Alexandria Health Department, the Alexandria Office of Aging and Adult Services, the Alexandria Volunteer Bureau, the Y-ME of the National Capital Area, the Alexandria Business & Professional Women, the Retired & Senior Volunteer Program, and the Inova Alexandria Hospital Foundation are sponsoring the seventh annual **Walk to Fight Breast Cancer** on Saturday, October 27, 2001, to raise funds to support free mammograms for uninsured and under-insured low-income women; and*

*WHEREAS, all Alexandrians are invited to join the **Walk to Fight Breast Cancer** on October 27, 2001, at 8:30 a.m., at Cameron Run Regional Park, or to sponsor participants in the Walk;*

*NOW, THEREFORE, I, **KERRY J. DONLEY**, Mayor of the City of Alexandria, Virginia, and on behalf of the Alexandria City Council, do hereby proclaim the month of October 2001, as:*

"BREAST CANCER AWARENESS MONTH"

AND

OCTOBER 19 AS "MAMMOGRAPHY DAY"

in the City of Alexandria, and encourage all women in Alexandria to be aware that they are at risk for breast cancer, and urge them to discuss early detection measures with their own health care providers.

IN WITNESS WHEREOF, I have hereunto set my hand and caused the Seal of the City of Alexandria to be affixed this 9th day of October 2001.

KERRY J. DONLEY **MAYOR**
On behalf of the City Council
of Alexandria, Virginia

ATTEST:

Beverly I. Jett, CMC City Clerk